

**Table 8. Example Weekly Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00-10:30	Module instruction	Module instruction	Module instruction	Module instruction	Student presentations
10:30-10:45	Break	Break	Break	Break	Break
10:45-12:00	Lab work	Lab work	Lab work	Lab work	Student presentations
12:00-1:00	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-2:00	Professional skills development & career exploration	Professional skills development & career exploration	Professional skills development & career exploration	Professional skills development & career exploration	Professional skills development & career exploration
2:00-2:30	Case study work	Case study work	Case study work	Case study work	Case study work
2:30-2:45	Snack	Snack	Snack	Snack	Snack
2:45-3:15	Mentoring activities	Mentoring activities	Mentoring activities	Mentoring activities	Mentoring activities
3:15-4:30	RTP Guest speaker	Field trip (Week 1: NC Science Museum, Week 2: RTP biotech company)	RTP Guest speaker	Discussion group	Field trip (Week 1: Lake Crabtree Park, Week 2: Pullen Park & Aquatics Center)
6:00-7:00	Mentor group dinner	Mentor group dinner	Mentor group dinner	Mentor group dinner	
7:00-9:00	Bowling	Movie night	Campfire 'smares	Karaoke party	